

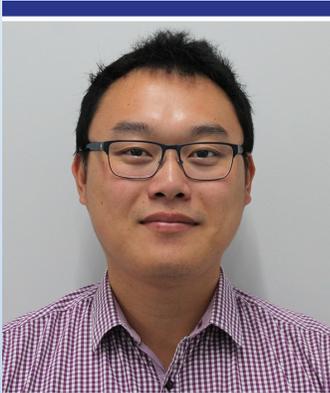
RENMARK Medical Clinic

NEWSLETTER

DEDICATED TO THE HIGHEST QUALITY HEALTH CARE

MARCH 2020

WELCOME TO OUR NEW DOCTORS



Dr Zhao Wang

Dr Zhao (Ryan) Wang MD BMSc

Graduated from Flinders University in 2014. Returns to Renmark with his family. He spent 2018 here as a Registrar. During 2019 he worked at Flinders Medical Centre. He has also worked at Modbury and Lyell McEwin hospitals. He has a keen interest in rural emergency medicine and anaesthetics. Outside of medicine he enjoys travelling and new foods.



Dr Thomas Everingham

Dr Thomas Everingham MD BEng (Hons) BSc

Returning to his home town of Renmark in 2020 following training at Flinders University and time working at the Lyell McEwin Hospital. Interests include diabetes and heart disease, skin conditions and rheumatology. Outside of medicine he enjoys technology and classic literature.



Dr Tristan Frank

Dr Tristan Frank MD, BSc (Biomed)

Initially from the Murray Mallee, graduated from Flinders University in 2015, having previously worked as a clinical embryologist. Interests include infectious diseases, skin surgery and cardiology. Outside of medicine enjoys gym, music and photography.

COVID-19

We would like to inform our patients that due to the current situation involving COVID-19 we are making some minor changes to the way we provide healthcare to our community.

Appointments are made by phoning the clinic on 08 8586 4111.

When you call the clinic we may ask you a few simple questions prior to booking your appointment. For the protection of our staff and patients if you are displaying flu like symptoms you will be asked to wear a mask and be given a designated area to present to.

IF YOU ARE UNSURE PLEASE CALL BEFORE YOU ARRIVE

OUTSTANDING ACCOUNTS

Please be advised that we have now engaged a Credit Management Company, Local Recoveries Group. If your account is outstanding past 30 days it will be referred for collection and additional charges may be levied against your debt. We would appreciate full payment on the day of your consultation.

UNABLE TO KEEP YOUR APPOINTMENT?

If for any reason you are unable to keep your appointment PLEASE ring the clinic to cancel your appointment. This courtesy makes it possible for another patient to be offered an appointment. If you need to cancel your appointment, please advise our reception with at least 4 hours' notice. A charge of \$27.50 will be made if you cancel within 4 hours of the appointment or if you do not attend.

PATHOLOGY

If you have had any pathology performed please call the clinic a few days after you have had your tests to see if a follow up is required.

CERTIFICATE OF FITNESS

We ask that when booking an appointment to have your Certificate of Fitness paperwork completed that you inform staff of this. Reception staff are then able to flag your appointment and the nurses are then aware that you require tests before seeing the GP.

HEALTHIER ALMOND AND DATE BLISS BALLS

210g fresh medjool dates, pitted
160g (1 cup) natural almonds
2 tablespoons coconut oil, melted
2 tablespoons raw cacao powder
1 tablespoon maple syrup
1 tablespoon chia seeds
1/2 teaspoon ground cinnamon
30g (1/4 cup) almond meal



Step 1—place the dates, almonds, oil, maple syrup, chia seeds and cinnamon in a food processor and process until the mixture is well combined and sticks together.

Step 2—Place the almond meal on a plate. Line a shallow airtight container with baking paper. Roll tablespoonsful of the date mixture into balls then roll in the almond meal to lightly coat. Transfer to prepared container. Place in the fridge for 1 hour to chill then serve.